

| | Ch 9 - March 2016 Schedule (Updated 02.29.16) | | | | | | |
|-------|---|------------------|------------------|-------------------|------------------|-----------------|-------------------|
| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| AM | | | | | | | |
| 6:00 | LIGHTHOUSE | FITNESS w/WAYNE | FITNESS w/WAYNE | FITNESS w/WAYNE | FITNESS w/WAYNE | FITNESS w/WAYNE | LIGHTHOUSE |
| 6:15 | HOLINESS UNTO... | | | | | | HOLINESS UNTO... |
| 6:30 | | | | | | | |
| 6:45 | | THMS Podcast | THMS Podcast | THMS Podcast | THMS Podcast | THMS Podcast | |
| 7:00 | LIGHTHOUSE | YOGA W/LINDA | YOGA W/LINDA | YOGA W/LINDA | YOGA W/LINDA | YOGA W/LINDA | LIGHTHOUSE |
| 7:15 | I SING BECAUSE | 6:50AM | 6:50AM | 6:50AM | 6:50AM | 6:50AM | I SING BECAUSE |
| 7:30 | | EAGLE HOUSE | EAGLE HOUSE | EAGLE HOUSE | EAGLE HOUSE | EAGLE HOUSE | |
| 7:45 | | | | | | | |
| 8:00 | MARespite PSA | SENIOR SCENE | SENIOR SCENE | SENIOR SCENE | SENIOR SCENE | SENIOR SCENE | MARespite PSA |
| 8:15 | | | | | | | |
| 8:30 | | EAGLE HOUSE | EAGLE HOUSE | EAGLE HOUSE | EAGLE HOUSE | EAGLE HOUSE | |
| 8:45 | | | | | | | |
| 9:00 | LaTabella | LPA VOLNTR PSA | CHESS CHAT | | CHESS CHAT | LPA VOLNTR PSA | LaTabella |
| 9:15 | w/Mario & Phyllis | | | | | | w/Mario & Phyllis |
| 9:30 | Pawadoption | | MARespite PSA | MARespite PSA | MARespite PSA | | Pawadoption |
| 9:45 | | | | | | | |
| 10:00 | | EAGLE HOUSE | EAGLE HOUSE | EAGLE HOUSE | EAGLE HOUSE | EAGLE HOUSE | |
| 10:15 | | | | | | | |
| 10:30 | EAGLE HOUSE | FITNESS w/WAYNE | FITNESS w/WAYNE | FITNESS w/WAYNE | FITNESS w/WAYNE | FITNESS w/WAYNE | EAGLE HOUSE |
| 10:45 | | | | | | | |
| 11:00 | LIGHTHOUSE | EAGLE HOUSE | EAGLE HOUSE | EAGLE HOUSE | EAGLE HOUSE | EAGLE HOUSE | |
| 11:15 | HOLINESS UNTO... | | | | | | HOLINESS UNTO... |
| 11:30 | | | MARespite PSA | MARespite PSA | MARespite PSA | | |
| 11:45 | | | | | | | |
| 12:00 | LIGHTHOUSE | PAINTING FOR | SENIOR SCENE | Talkin' Baseball | SENIOR SCENE | PAINTING FOR | LIGHTHOUSE |
| 12:15 | I SING BECAUSE | PLEASURE | | with Pete Lincoln | | PLEASURE | I SING BECAUSE |
| 12:30 | | | | | | | |
| 12:45 | | | | | | | |
| 1:00 | LIFE MATTERS | YOGA W/LINDA | YOGA W/LINDA | LIFE MATTERS | YOGA W/LINDA | YOGA W/LINDA | LIFE MATTERS |
| 1:15 | | | | | | | |
| 1:30 | LIGHTHOUSE | | LHS PLAY [1:25] | CHESS CHAT | LHS PLAY [1:25] | | LIGHTHOUSE |
| 1:45 | HOLINESS UNTO... | | CHARACTR REFRNC | | CHARACTR REFRNC | | HOLINESS UNTO... |
| 2:00 | | LEGAL EASE | LEGAL EASE | LEGAL EASE | LEGAL EASE | LEGAL EASE | |
| 2:15 | | | | | | | |
| 2:30 | MARespite PSA | | | | | | MARespite PSA |
| 2:45 | | | | | | | |
| 3:00 | DAY OF DSCVRY | LUNENBURG | LUNENBURG | LUNENBURG | LUNENBURG | LUNENBURG | |
| 3:15 | | FIRE & EMS | FIRE & EMS | FIRE & EMS | FIRE & EMS | FIRE & EMS | |
| 3:30 | | | New School | THE FOLKLORIST | New School | | |
| 3:45 | EXPLRNG CWDREY | | Tour | | Tour | | EXPLRNG CWDREY |
| 4:00 | | THE FOLKLORIST | NAT'L SCIENCE | NAT'L SCIENCE | NAT'L SCIENCE | THE FOLKLORIST | |
| 4:15 | | | FOUNDATION | FOUNDATION | FOUNDATION | | |
| 4:30 | Talkin' Baseball | RED DRESS | CHESS CHAT | YOGA W/LINDA | CHESS CHAT | RED DRESS | Talkin' Baseball |
| 4:45 | with Pete Lincoln | LUNCHEON | | | | LUNCHEON | with Pete Lincoln |
| 5:00 | | | EAGLE HOUSE | EAGLE HOUSE | EAGLE HOUSE | | |
| 5:15 | | | | | | | THMS PODCAST |
| 5:30 | LEGAL EASE | FITNESS w/WAYNE | THMS Podcast | FITNESS w/WAYNE | THMS Podcast | Barrett & Boggz | LEGAL EASE |
| 5:45 | | | | | | Sports Weekly | |
| Evngs | | | | | | | |
| 6:00 | EAGLE HOUSE | EAGLE HOUSE | HISTORY SHOW | THE FOLKLORIST | HISTORY SHOW | EAGLE HOUSE | EAGLE HOUSE |
| 6:15 | | | | | | | |
| 6:30 | | THMS Podcast | FITNESS w/WAYNE | THMS Podcast | FITNESS w/WAYNE | THMS Podcast | New School |
| 6:45 | | | | New School Tour | | | Tour |
| 7:00 | LUNENBURG | NAT'L SCIENCE | LUNENBURG | LUNENBURG | LUNENBURG | NAT'L SCIENCE | LUNENBURG |
| 7:15 | FIRE & EMS | FOUNDATION | FIRE & EMS | FIRE & EMS | FIRE & EMS | FOUNDATION | FIRE & EMS |
| 7:30 | MARespite PSA | | INSIDE FSU | INSIDE FSU | INSIDE FSU | | |
| 7:45 | | PRODUCERS PSA | PRODUCERS PSA | PRODUCERS PSA | PRODUCERS PSA | PRODUCERS PSA | |
| 8:00 | LaTabella | Girls Basketball | Talkin' Baseball | Boys Basketball | Talkin' Baseball | HOCKEY | LaTabella |

| | | | | | | | |
|-------|------------------------------------|---------------|-------------------|---------------|-------------------|---------------|-------------------|
| 8:15 | w/Mario & Phyllis | | with Pete Lincoln | | with Pete Lincoln | | w/Mario & Phyllis |
| 8:30 | | | | | | | |
| 8:45 | | | | | | | |
| 9:00 | LHS CLASS PLAY | | LUNENBURG | | LUNENBURG | | LHS CLASS PLAY |
| 9:15 | CHARACTR REFRNC | | FIRE & EMS | | FIRE & EMS | | CHARACTR REFRNC |
| 9:30 | | | KEEP WARM | | KEEP WARM | | |
| 9:45 | RED DRESS | | KEEP SAFE | | KEEP SAFE | | |
| 10:00 | LUNCHEON | | THE FOLKLORIST | | THE FOLKLORIST | | ICE SAFETY |
| 10:15 | [9:45] | | | | | | |
| 10:30 | DAY OF DSCVRY | | ICE SAFETY | | ICE SAFETY | | |
| 10:45 | | | | | | | |
| 11:00 | Whalom Park | | | | | | |
| 11:15 | | | | | | | |
| 11:30 | REELING | REELING | REELING | REELING | REELING | REELING | REELING |
| 11:45 | MOVIE REVIEWS | MOVIE REVIEWS | MOVIE REVIEWS | MOVIE REVIEWS | MOVIE REVIEWS | MOVIE REVIEWS | MOVIE REVIEWS |
| 12:00 | * Subject to Change without Notice | | | | | | |